

# Riverside College

## Cnr Cellars & Carmine Drive Burgundy Estate

### Ph 0218022001 www.riversidecollege.co.za

21 July 2023

Dear Parents.

I am delighted to welcome everyone back to school. It was wonderful to see all the learners' faces again. A new term brings new opportunities and goals. We are wishing all our learners an exciting, positive, and productive term.

"You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose." – By Dr Seuss

**Teacher Gabby** 

#### Happy Birthday!

Happy birthday to the following learners who celebrates their birthday this week and our new learner who had their birthday in June!

Theo Wilken Grade R 20 June Aila Bayoudh Grade R 21 July

#### Other news:

#### Winter accessories:

We understand that keeping warm is important during the winter months. However, we ask that you please keep in mind our school colors when choosing winter accessories. To ensure that our learners maintain a uniform appearance, the following items are permitted:

- White or maroon scarves. (Black is not a part of our school colors.)
- No beanies.

Also, kindly keep to white or flesh toned undergarments and not colored T-shirts. As well as socks – any other color sock must be worn underneath the grey socks and must not stick out in any way.

We do understand that it is cold, but please adhere to the school rules regarding our uniform.

#### **Grade 12 Fundraising Events:**

The Grade 12 class of 2023 has put together a list of fundraisers they would like to host for their matric farewell. The cost is R20 per event.

- 21st of July PJ Day.
- 1st of Sept Rainbow Day for Spring Day.

#### **Absentees Notice:**

Flu season is upon us, and absenteeism is expected. As a friendly reminder, please notify the office by sending an email to both Info@riversidecollege.co.za and hello@riversidecollege.co.za if your child will be absent from school. This will help us to ensure that your child's absence is recorded and that they do not fall behind in their schoolwork.

#### Welcome:

Welcome to our new learners, Theo in Grade R, Blessidus in Grade 2, and Tshismoloha in Grade 6. We hope you are very happy here!

We have two new teachers:

We welcome Mrs Traci Joubert in Grade 2 and Mrs Lara Wessels in Grade 3.

We wish you everything of the best with your journey with us.

#### School Photo's:

If you missed the opportunity to order your child's school photos, there is still time to do so. Please send your order to: <a href="mailto:info@framedbyclaire.co.za">info@framedbyclaire.co.za</a>.

#### **UPCOMING PARENT WEBINARS/EVENTS**

Mr D Swart – New dates will soon be shared.

The work involved in preparing and hosting these events is huge in terms of research, personal commitment and most importantly time, and I often wonder why we even bother when so few people from within our school community seem eager to reach out and join these events?

The answer is simple, it has less to do with affordability and everything to do with the fact that we have never been taught how to ask for help! We have repeatedly been told to just suck it up; stop complaining and get on with it; keep your battles and struggles away from prying eyes and don't ever talk out of the house...etc,etc,etc. The end result? We spend most of our lives feeling unfulfilled, angry, dispondent and helpless.

I constantly heard this growing up and so did many of you and your parents. Today as parents we are trying to do things differently, but because of our deep seated beliefs about this and so many other things we are still struggling to see and understand the benefits of asking for help, support and guidance.

There is no such thing as a broken child or person, we are all products of the programming and resultant trauma that we received and suffered as children – taught with good intentions, but sadly, often fueled by a lack of knowledge, and mis-guidance.

Many of these core beliefs operate subconsciously and therfore direct our lives without our conscious awareness. In order to change our lives we need to change our core beliefs about many of the things that cause us to stumble and fall. A simple example would be money, what is your belief about money? What were you taught about money? Do you belief that you are worthy of having money? Do you respect money?

So we can ask a hundred questions to get to the actual belief that you hold about money, your worth as a person, your importance in the world around you and so many other things. This goes for everything in life, and instead of spending thousands and thousands of rands on trying to 'fix' something that you think is broken...just drop me an email and allow me to show you how to overcome and re-align your limiting core beliefs.

You can throw this in the bin and judge it to be rubbish, but then you will never know if it was the one Newsletter #24 21 July JNRS

#### PRESCHOOLERS GR000 - GR R

Planning for the week: 24 – 28 July

Theme for the week:

Teeth and dentist

#### PLEASE SEND THE FOLLOWING:

 Message Books daily PLEASE REMEMBER:

- A change of clothing every day
- A healthy snack + Water/Juice
- No fizzy cooldrinks or sweets
- Label all school clothing items clearly with your child's name.

#### WHAT WE WILL LEARN THIS WEEK:

Letter: Oo Number: 13 tool that could help you transform your life or the life of your child. I dare you to break the cycle and try something different!

#### Principal's message:

We missed you while you were on holiday, but we are so happy you are back. Welcome to all parents, learners, and teachers! We hope you had a relaxing and enjoyable time away. We cannot wait to reach our academic goals this term while we are having fun!

During this holiday I got to do a little bit of reading. I read this interesting story about 3 types of people in your life.

Firstly, you get the leaf people. These are people who come into your life for just a season. You can't depend on them.

Secondly, you get the branch people. They are strong, but they easily break away when life becomes tough, and they can't handle too much weight.

Lastly, you get the root because they don't do Even if you go through a are not moved by your

It is not all people you



#### 2023 Term Dates:

#### Term 3:

**Start Date:** Learners – 19 July 10, 11 Aug mid term

End Date: Learners - 28

Sept

#### Term 4:

Start Date: I earners – 11 affect you in the future.

May this term be filled with laughter, success and "root kind of people". Let us support each other to reach the goals that we have set aside for ourselves.

#### Have a blessed Term 3!

Enjoy the weekend. Warm regards. Staff and management people. These people are very important things to be seen. They are supportive. difficult time, they will water you and they position they just love as you are.

meet that are your friends. Some will stay and some will go. Identify people accordingly.

Therefore, never make permanent decisions with temporary people. It may

#### Important Upcoming Dates & Events:

24 July – Extra-murals start

25 July - Grade 2 and 3 library

01 August – Grade 5 library

02 August – Grade 4 and 6 library

04 August - Gr 4 and 6 Cake sale

09 - 11August - Midterm break

18 August – Dress up as a cowboy